

**The Alpha Course** is a ten week practical introduction for anyone to explore the Christian faith. It's relaxed, informal, low-key, friendly and fun and is supported by all the main Christian denominations. For more information see the websites [uk.alpha.org](http://uk.alpha.org) or [alphawales.org.uk](http://alphawales.org.uk)

### **What's involved?**

Each week we start with some food giving us an opportunity to get to know one another followed by a DVD talk, looking at topics such as "Who is Jesus?" and does he have any relevance to our lives today. Everyone has questions, big questions, real questions. After each talk guests have the opportunity to ask any questions, express opinions and discuss the topic. It's a place for guests to be listened to, feel their opinions are valued and to find answers.

### **What's it going to cost me?**

The Alpha Course is free. Guests may be asked to make a voluntary contribution towards the food and the cost of the weekend / day away.

### **Who is running it?**

People who have done Alpha themselves and found it helpful. It's supported by Churches Together in Chepstow & District.

### **And the bottom line?**

If you come along and think at any time, even after the first session, "this isn't for me", that's fine, nobody will hound you to come back. It's your life.....only you can decide if there is more to life.....and whether you want it!

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